

JOIN NAMI OF ERIE COUNTY FOR A

PEER SUPPORT GROUP

A WEEKLY SUPPORT GROUP FOR ADULTS WITH MENTAL HEALTH CHALLENGES WHO ARE LOOKING TO CONNECT WITH OTHERS AND BETTER UNDERSTAND MENTAL HEALTH AND THEIR JOURNEY TO RECOVERY.

EVERY **TUESDAY** FROM 2:00 TO 3:00 PM

BEGINNING **SEPTEMBER 13, 2022**

THESE SUPPORT GROUPS WILL BE HELD AT THE MENTAL HEALTH ASSOCIATION AT 1101 PEACH ST.

FOR MORE INFORMATION, CALL US AT
(814) 456-1773 OR EMAIL INFO@NAMIERIE.ORG