



National Alliance on Mental Illness

NAMI | Erie County

Peer Support Group

A support group for individuals experiencing a mental illness. Individuals do not need a formal diagnosis to attend.

Meets on the 1st and 3rd
MONDAY of each month
from 6:00pm- 7:30pm.

Family Support Group

A support group for family members, caregivers, loved ones of someone living with the everyday challenges of a mental illness.

Meets on the 1st and 3rd
TUESDAY of each month
from 6:00pm- 7:30pm.

Support groups meet at the
NAMI of Erie County office:
1611 Peach Street, Suite 218

No registration required.
Call NAMI at (814) 456-1773 with any questions!
www.namierie.org