



GAUDENZIA ERIE, INC.

Race for Recovery

SATURDAY, SEPTEMBER 23, 2017

10K Run * 5K Run/Walk * 1K Fun Run/Walk

PART III & FINAL RACE OF THE ERIE RUNNERS CLUB TRIPLE CROWN SERIES



START LOCATION & TIMES:

- * All starts/finishes are at the Rotary Pavilion
- * 10K Run (6.2 miles) 9:00 AM (\$25.00)
- * 5K Run/Walk (3.1 miles) 9:15 AM (\$20.00)
- * 1K Fun Run/Walk (0.62 mi.) 9:20 AM (\$10.00)

COURSE DESCRIPTION:

Presque Isle State Park - Fast and flat. Rotary Pavilion is three miles from the park entrance. Free parking is available, but not at the Rotary Pavilion.

MORE INFO: www.ErieRaceForRecovery.com

?? RACE HOTLINE: 814-746-4184 or 814-240-3278

New! FINISHERS AWARDS * 10K & 5K RUN AWARDS * GIVEAWAYS * FOOD * & MORE!



PROCEEDS BENEFIT

Gaudenzia Erie, Inc. helps people affected by chemical dependency, mental illness and related conditions through comprehensive treatment and prevention.

E-Race the Stigma of Addiction!

10K & 5K RUN AWARDS PRESENTED AS SOON AS WINNERS ARE DETERMINED

Age groups: Top 3 Male-Female finishers, Top Masters M-F, Top 3 Each Age Group M-F

MAILED PAPER ENTRY FORMS MUST BE RECEIVED BY SEPT. 22, 2017

ONLINE REGISTRATION ENDS NOON 9/22/17 – After 9/15/17 we cannot guarantee a T-Shirt

Send this form and check/money order (no cash) payable to Erie Race for Recovery, 2005 W. 8th St., Suite 202, Erie, PA 16505. REGISTER ONLINE: <http://www.runsignup.com/Race/PA/Erie> OR ErieRaceforRecovery.com

PICK UP RACE PACKET/ LATE REGISTRATION

- * Sept. 22, 12 - 5 PM, at Achilles Running Shop, 932 West Erie Plaza Drive **New!**
- * OR Race Day 7:30 - 8:30 AM, Presque Isle Rotary Pavilion

You may also register online at www.ErieRaceForRecovery.com

Last Name: First Name:

Address: City: State: Zip:

Telephone: Email:

Age (day of race): Shirt Size: XS S M L XL XXL(+\$2) Gender: Male Female Group

New! These are LONG-SLEEVED T-Shirts I am part of the group listed above

RACE: 10K Open 5K Run 5K Walk 1K Fun Run/Walk Wheelchair Athlete

I have participated in races I and II of the 2017 Erie Runners Club Triple Crown Series

Entry Fee: \$10.00—1K Run/Walk — \$20.00—5 K Run/Walk — \$25.00—10K **New! +\$2.00 for XXL Shirt**

Before taking part in vigorous physical activity, it is advisable to see your doctor and have a complete physical examination. The undersigned hereby releases and discharges the organizers, sponsors, Commonwealth of Pennsylvania, and municipalities in which this event is conducted, and any of the sponsors' agents, servants, representatives, employees, successors, affiliates and assignees from all claims, demands, actions, causes of actions, damages, judgments and executions which the undersigned, their heirs, executors, administrators, representatives or assigns might have now or in the future, for any harm, injury, damage or occurrence, whether foreseen or unforeseen, which might arise from or be related to the entrant's participation in this event, and the entrant specifically assumes all risks in connection with this contest. The undersigned also agrees to release rights and to allow the use of any photographs in which they appear in connection with these events. Parent or guardian must sign if entrant is younger than 18.

Signature: _____

NO-SHOWS WILL NOT BE SENT A T-SHIRT